

# **AQUATIC SPRINGS INDOOR POOL**

7025 S. Fort Apache Rd., Las Vegas, NV 89148

#### (702) 455-1708 togetherforbetter

# **General Information**

#### **Admission Fees**

Youth (3-17 YRS.) \$2 Adult (18-54 YRS) \$3 Senior (55+ YRS) \$1

#### Swim Passes

Swim Passes can be purchased at any **Clark County Community Center or** Aquatic Center.

#### **90-Day Family Pass** \$100

Includes up to 4 family members in the same household. Additional members can be added for **\$20** each.

#### 90 Day Individual

Youth (3--17 YRS) \$40 Adult (18-54 YRS) \$60 Senior (55+ YRS) \$20

#### **Annual Family Pass** \$300

Includes up to 4 family members in the same household. Additional members can be added for **\$40** each.

#### Annual Individual

Youth (3--17 YRS) \$120 Adult (18-54 YRS) \$180 Senior (55+ YRS) \$60

# **Pool Closure Dates**

Sept. 2nd - Labor Day October 25th - Nevada Day October 31st - Closing @12 PM.

\*Please note that pool hours/days of operation are subject to change. Closure for inclement weather, special events, and unforeseeable events may occur.\*

# Lap Swim Hours

Monday - Thursday	6:00am-12:00pm*
1 N Y M	3:00pm-7:00pm*
Friday	6:00am-12:00pm*
	3:00pm-7:00pm*
Saturday	8:00am-3:00pm
Sunday	

\*Limited space in the lap and/or family pool due to programming.\* **Family Swim Hours** 

Monday - Thursday	8:00am-12:00pm*
a lifed	3:00pm-5:00pm*
Friday	8:00am-12:00pm*
	3:00pm-7:00pm*
Saturday	11:00am-3:00pm
Sunday	CLOSED

\*Limited space in the lap and/or family pool due to programming.\*



The first Friday of every month, we will host our Inflatable Fun Friday! We will have the Obstacle Course, Rock Climbing Wall, and Inflatable Slide up.

Space in both the Lap Pool and Family Pool will be limited on these Fun Fridays.

Any children under the age of 18, must pass a swim test before they can: use the Rock Climbing Wall, Obstacle Course, or swim in the lap lanes.

#### **Class Registration** Information

# **Session 6 Registration** August 1st, 2024 @7:00 AM

#### Session 6 Dates

6A - Aug. 19th - Sept. 5th 6B - Sept. 9th - Sept. 26th SAT. - Aug. 24th - Sept. 28th

\*For Session 6A - there is no class on September 2nd for Labor Day.\*

\*This brochure reflects dates/times for session 6 ONLY.\*

# **Session 7 Registration**

September 26th, 2024 @7:00 AM

#### Session 7 Dates

7A - Oct. 7th - Oct. 24th 7B - Oct 28th - Nov 14th SAT. - Oct. 12th - Nov. 16th

\*For Session 7B - there is no class on October 31st.\*

**Register Online At:** www.ClarkCountyNV.gov/ParksRegistration

### **Youth Swimming** Lessons - 3 Weeks

#### Water Introduction - 30 min.

Recommended Age: 6 MO. - 5 YRS. Participant Ratio: 1 instructor to 10 parent/guardian & student pairs An adult MUST be in the water at all times during classes.

Pool Location: Family Pool (0 to 4 feet) **Class Goals:** To build swimming readiness by emphasizing fun in the water. Adults & children participate in guided classes together.

Skills Included: Safe water entry & exit. blowing bubbles, front & back floats, kicking on front & back, freestyle arm movement, underwater exploration, and basic water safety skills.

Skills Required to Pass: 1) Separate from a parent/guardian while taking part in group activities 2) Listen & take direction in a group setting

**\*\*Children who require diapers must** wear a swim diaper under their swimsuit\*\*

	Wat			
Day	Times	Age	Cost	Activity Code
M/W	5:45 PM	.5-5 YRS	\$25	649100
T/TH	5:45 PM	.5-5 YRS	\$30	649100
SAT	10:00 AM	.5-5 YRS	\$30	649100





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### **Youth Swimming** Lessons Cont. - 3 Weeks

(702) 455-1708

#### Water Independence - 30 min.

#### **Recommended Age: 3 YRS - 8 YRS** Participant Ratio: 1 instructor to 6 participants

**Pool Location:** Family Pool (0 to 4 feet) Skills Required to Enter:1) Separate from a parent/guardian while taking part in group activities 2) Listen & take direction in a group setting **Class Goals:** To build basic water competency with minimal support. Skills Included: Safe water entry & exit, blowing bubbles, bobs, relaxed submersion, rolling from front to back floats, streamlines on front & back, flutter kicks on front & back, proper kickboard use, basic freestyle, finning on back, jumping into water with submersion, and basic water safety skills.

Skills Required to Pass: 1) Jump into water, completely submerge head, resurface, and exit the pool using ladder or stairs 2) Start 10 ft. away from wall or stairs: front float for 5 seconds, roll over to a back float for 5 seconds, then swim back to start with minimal support

Water Independence					
Day Times Age Cost Activity					M/W
M/W	5:00 PM   6:30 PM	3-12 YRS	\$25	649101	T/TH
T/TH	5:00 PM   6:30 PM	3-12 YRS	\$30	649101	SAT

Stroke Introduction - 45 min.

**Recommended Age: 5 YRS - 9 YRS** Participant Ratio: 1 instructor to 6 students

Pool Location: Family Pool & Lap Pool (4 to 9 feet)

Skills Required to Enter: 1) Jump into water, completely submerge head, resurface, and exit the pool using ladder or stairs 2) Start 10 ft. away from wall or stairs: front float for 5 seconds, roll over to a back float for 5 seconds, then swim back to start with minimal support Class Goals: To refine freestyle, introduce backstroke, swim without any support, and build confidence entering the lap pool.

Skills Included: Independent air recovery, rolling to back as air recovery for freestyle, longer distances for freestyle, basic backstroke, changing direction while swimming, feet-first deep water entries, introduction to treading, and basic water safety skills.

Skills Required to Pass: 1) Jump into Jap pool and return to the wall 2) Swim Day approx. 12 yards of freestyle M/W independently 2) Swim approx. 12 yards T/TH SAT of backstroke independently

Strol			
Times	Age	Cost	<b>Activity Code</b>
4:00 PM	3-12 YRS	\$25	649102
4:00 PM	3-12 YRS	\$30	649102
9:15 AM	3-12 YRS	\$30	649102

## Stroke Progression - 45 min.

**Recommended Age: 6 YRS - 12 YRS** Participant Ratio: 1 instructor to 8 students

Pool Location: Lap Pool (7 to 9 feet) Skills Required to Enter: 1) Jump into lap pool and return to the wall 2) Swim approx. 12 yards of freestyle independently 2) Swim approx. 12 yards of backstroke independently **Class Goals:** To refine basic swimming strokes to achieve proficiency (freestyle & backstroke), review treading, and to

introduce elementary backstroke and breaststroke. Skills Included: Side breathing for freestyle to improve proficiency & endurance, refined backstroke,

elementary backstroke, breaststroke, basic treading, and basic water safety skills.

Skills Required to Pass: 1) Jump into lap pool, fully submerge, swim 12 yards of backstroke, turn around and swim freestyle with effective side breathing, then exit the pool 2) Swim 12 yards of elementary backstroke 3) Tread for 15 seconds with head above the water

Stroke Progression						
	Times	Age	Cost	Activity Code		
	4:00 PM	3-12 YRS	\$25	649103		
	4:00 PM	3-12 YRS	\$30	649103		
	8:00 AM	3-12 YRS	\$30	649103		





#### **Advanced Stroke Development - 45 min.**

**Recommended Age: 7 YRS - 12 YRS** Participant Ratio: 1 instructor to 10 students

**Pool Location:** Lap Pool (7 to 9 feet) Required Skills to Enter: 1) Jump into Jap pool, fully submerge, swim 12 yards of backstroke, turn around and swim freestyle with effective side breathing, then exit the pool 2) Swim 12 yards of elementary backstroke 3) Tread for 15 seconds with head above the water

**Class Goals:** To refine all basic swimming stokes and treading to proficiency, and to introduce sidestroke, butterfly, sitting and kneeling dives.

Skills Included: Refined elementary backstroke & breaststroke, introduce sidestroke, proficient treading with sculling and eggbeater kick, butterfly, sitting & kneeling dives, and basic water safety skills.

Exit Skills Required: 1) Tread for 1 minute 2) 5 strokes of butterfly 3) 25 yards of breaststroke 4) 25 yards of freestyle w/ effective side breathing 5) 25 yards of backstroke 6) 25 yards of elementary backstroke

#### **Advanced Stroke Development Cost** Activity Code Day Times Age M/W 5:00 PM 3-12 YRS \$25 649104 T/TH 5:00 PM 3-12 YRS \$30 649104 SAT 8:00 AM 3-12 YRS \$30 649104

#### **Youth Programs - 6 Weeks**

#### Intro to Aquatic Sports - 45 min.

This class is designed to introduce participants to the mechanics of aquatics sports such as competitive swimming, water polo, artistic swimming, and junior lifeguarding skills. Water safety skills are also incorporated into the lessons. Skills Required to Enter: 1) Swim 25 vards of freestyle with effective side breathing 2) Swim 25 yards of backstroke 3) Swim 25 yards of elementary backstroke 4) Swim 25 yards of breaststroke. 5) Swim 5 strokes of butterfly 6) Complete 1 minute of treading.

It is highly recommended that the participant complete Advanced Stroke Development before enrolling.

Intro to AQ Sports We are not offering Intro to AQ Sports during Session 6.

#### Artistic Swimming - 60 min.

This is a recreational level artistic swimming program that encourages teamwork and self-esteem. Participants will learn the fundamentals of artistic swimming, which blends creative movement and dance in the water. Skills Required to Enter: 1) Swim 25 yards independently 2) Tread water for 45 seconds.

It is highly recommended that the participant complete Advanced **Stroke Development before** enrolling.

**Skills Required to Enter Advanced** Artistic Swimming: Participants must have approval from the instructor

Artistic Swimming					
Day	Times	Age	Cost	<b>Activity Code</b>	
SAT	8:00 AM	6-17 YRS	\$30	649108	

#### Water Polo - 60 min.

This recreational water polo course covers teamwork, fitness, critical thinking, decision making, agility and endurance. Participants will learn proper swimming techniques, how to tread water efficiently using the eggbeater technique, handle, pass and shoot a ball, along with goal keeping. Skills Required to Enter: Participants must be able to swim 50 vards of the pool independently and tread water for 1 minute.

It is highly recommended that the participant complete Advanced Stroke Development before enrolling.

> Water Polo Age Times **Cost Activity Code** 6-17 YRS 4:00 PM \$60

649108

Recreational Swim Team - 60 min.

Day

T/TH

This is a recreational level swim team program that encourages teamwork and self-esteem. Participants will practice developing strokes and improve personal times and skills. Emphasis is on personal improvement.

Skills Required to Enter: 1) Swim 25 yards of freestyle with effective side breathing 2) Swim 25 yards of backstroke 3) Swim 25 yards of elementary backstroke 4) Swim 25 yards of breaststroke. 5) Swim 5 strokes of butterfly 6) Complete 1 minute of treading.

It is highly recommended that the participant complete Advanced **Stroke Development before** enrolling.

Recreational Swim Team					
Day	Times	Age	Cost	Activity Code	
M/W	6:00 PM	6-17 YRS	\$55	649108	
T/TH	6:00 PM	6-17 YRS	\$60	649108	
SAT	10:15 AM	6-17 YRS	\$30	649108	



#### Adult/Teen **Swimming Lessons - 3 Weeks**

#### Beginner - 45 min.

These swim lessons are designed to meet each participant's personal goals within a group setting.

Instructors work with each participant to overcome apprehension and learn basic swimming skills such as floating, submersion, and basic stroke development. This class mostly takes place in shallow water, however it may move to deep water depending on participants' readiness.

Day	Times	Age	Cost	<b>Activity Cod</b>
T/TH	9:30 AM  6:15 PM	13 YRS +	\$30	649107

#### Intermediate/ Advanced - 45 min.

Day

T/TH

These swim lessons are designed to meet each participant's personal goals within a group setting.

Instructors work with each participant to refine skills such as treading, diving, and stroke development.

This class usually takes place in the lap pool, however it may move to shallow water if needed.

#### Advanced Adult/Teen

Times	Age	Cost	Activity Code
5:15 PM	13 YRS +	\$30	649107

# Foster for their Futures

While fostering teens may be temporary, the guidance you provide for their future will carry them through adulthood

Become a foster parent or show your support as a Proud Partner of Clark County Foster Care

#### clarkcountvfostercare.com

WHO CAN FOSTER?

AGES 21 + | RENTERS | HOMEOWNERS | WORKING | STAY, AT HOME RETIRED I SINGLE I MARRIED I DIVORCED I LOBTO

> GET STARTED TODAY Scan the code & sign up for an information session. When you decide that fostering is the right choice, you'll get fingerprinted and start your



#### Water Aerobics - 6 Weeks

#### Shallow Water Aerobics - 60 min.

Jump into our water aerobics classes and build cardiovascular fitness and strength. Our water aerobics classes are easy on your joints, yet challenging enough to help you reach new levels of fitness. Our water aerobics classes are suitable for any fitness level, from beginning exercisers through elite athletes. Working out in the water is a fun way to improve your joint range of motion, flexibility and balance through the comfortable resistance of water.

This class takes place in the shallow water. Participants should work at their own pace and let the instructor know of any problems.

Shallow Water Aerobics						
Day Times Age Cost Activity						
T/TH	7:00 AM	13 YRS +	\$33	649110		
FRI	7:00 AM	13 YRS+	\$18	649110		
SAT	9:00 AM	13 YRS +	\$18	649110		



#### Water Aerobics Cont.- 6 Weeks

#### Deep Water Aerobics - 60 min.

lump into our water aerobics classes and build cardiovascular fitness and strength. Our water aerobics classes are easy on your joints, yet challenging enough to help you reach new levels of fitness. Our water aerobics classes are suitable for any fitness level, from beginning exercisers through elite athletes. Working out in the water is a fun way to improve your joint range of motion, flexibility and balance through the comfortable resistance of water. This class takes place in the lap pool and may involve some swimming. **Participants should work at their** own pace and let the instructor know of any problems.

 Deep Water Aerobics

 Day
 Times
 Age
 Cost
 Activity Code

 T/TH
 8:15 AM
 13 YRS +
 \$36
 649110

 SAT
 9:00 AM
 13 YRS +
 \$18
 649110

#### **Private Lessons**

#### Private Lessons - 25 min.

These are 1 on 1 lessons designed to meet the individual needs of each swimmer. These lessons are limited in space and are first come, first serve.



	Privat	te Lesso	ns	
Day	Times	Age	Cost	Activity Code
М	3:15 PM	ANY	\$28	649106
т	3:15 PM	ANY	\$28	649106
w	3:15 PM	ANY	\$28	649106
TH	10:30 AM   11:15 AM	ANY	\$28	649106
F	8:30 AM   9:05 AM 9:40 AM  10:15 AM 10:50 AM   11:30 AM	ANY	\$28	649106
S	8:05 AM   8:40 AM 9:00 AM   9:35 AM 10:15 AM   10:50 AM	ANY	\$28	649106

# **Rental Information**



### **Private Facility Rentals**

Private rentals take place outside of normal operating hours.

You and your guests will be the only group in the facility.

Community Rate - \$100/hour (2-hour minimum)

Commercial Rate - \$200/hour (2-hour minimum)

Includes 100 guests. \$15/for every additional 20 guests.

\*Extra amenities available w/ additional charge.

#### \*Extra Amenities\* (Private Facility Rentals Only)

\*Price for each amenity includes the additional staff required to set up and guard those areas.\*

### - Inflatable Obstacle Course

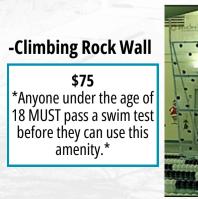


**\$175** \*Anyone under the age of 18 MUST pass a swim test before they can use this amenity.\*

### -Inflatable Slide



**\$75** \*For small Children.\*





# **Classroom/ Public Rental**

# Public rentals take place during our normal operating hours.

You and your guests will share the pool space with the public.

You will have the classroom to yourself to utilize.

Community Rate - \$55/hour (2-hour minimum)

Commercial Rate - \$110/hour (2-hour minimum)

Includes 35 guests. Additional guests will be charged at daily admission rate.

# Extra amenities are NOT available for public rentals.

#### Lap Lane Rentals



For groups wishing to rent lanes, please call 702-455-1708.

\*MUST have a valid certificate of insurance.\*

Rental Request Form can be found on our website: <u>https://clarkcountynv.gov</u>

Please send completed rental request to Jame.Homm@ClarkCountyNV.gov